

Claremont/Newport Healthy Homes Committee



The Claremont/Newport Healthy Homes Committee is a non-profit organization comprised of area residents and community organizations. We are working to reduce residential lead hazards and other home environment hazards, including radon and mold.

Lead is a toxic metal that causes a wide range of problems, including decreased IQ. Lead-based paint can be found in homes built before 1978. People can be exposed to lead when the paint deteriorates or is disturbed during renovations. There is no safe level of lead in the blood. For more information, call the NH Childhood Lead Poisoning Prevention Program at 800-897-5323.

Radon is a colorless, odorless, tasteless radioactive gas found in rocks and soil. Some of the radon in the ground rises to the surface and becomes part of the air we breathe. Radon seeps into buildings through openings in the foundation walls and floor and builds up in the air inside homes. Radon causes lung cancer. You can check your home for radon. For more information, call the NH Department of Environmental Services (DES) at 603-271-3503.

Molds are several types of fungi that can be found almost anywhere. Mold and other factors related to damp conditions in the home are linked to coughing, wheezing, and other breathing difficulties. Mold can trigger these symptoms in some people with asthma. Call DES at 603-271-3503 for more information.

Please join us. Check the Public Health Network calendar for the date, time, and location of our next meeting.